



Florence County Health Department

501 Lake Ave PO Box 410 Florence, Wisconsin 54121 715-528-4837
A.Seibold, RN, MS Health Officer/Director



NEWS RELEASE

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Ally Kalkofen

Florence County Health Department

715-528-4837

FAX 715-528-5269

akalkofen@florencecountywi.gov

Community Flu Clinics Offered in Florence County

[Florence, WI] – Health officials want to remind everyone that getting an annual flu shot remains one of the best ways to protect yourself and your family –from infants to grandparents - against getting the flu and potential complications. According to the Centers for Disease Control and Prevention, most everyone aged six months and older should be vaccinated annually.

Influenza can range from mild to severe, and in some cases can cause life-threatening complications. Symptoms can come on quickly and include fever, headache, dry cough, sore throat, nasal congestion, body aches and tiredness. If someone does get the flu after getting vaccinated, it is much more likely to be a milder case.

The Florence County Health Department is holding drive-thru flu clinics throughout the community to make it easy to get your flu shot. In order to provide less exposure during your flu vaccine visit, individuals will not need to get out of their car as the RN will provide the vaccine to one's upper arm through the car window. The Department offers Quadrivalent meaning it covers four strains of influenza. Appointments are preferred to assure vaccine availability. **Please call Sara at 715-528-3426 to set up an appointment.**

Tuesday, September 27, 10:30-11:30 am Fence, Across from Town Hall

Tuesday, October 4, 11:00 am-12:30 pm NWTC/Woodland in Aurora, Parking Lot

Tuesday, October 11, 1:00-3:00 pm Florence Resource Center, Upper Parking Lot

Tuesday, October 18, 1:30-3:00pm Long Lake Town Hall

Health officials also suggest washing your hands often with soap and water or using an alcohol-based hand sanitizer. Remember to cover your cough or sneeze into your upper sleeve and try to avoid touching your face with your hands. Eat nutritious meals, get plenty of rest and do not smoke. Finally, if you think you have the flu, call your physician. Stay home, rest, drink plenty of liquids, and avoid using alcohol and tobacco.

The department can bill Security Health Insurance, Medicare, and Medicaid. The out-of-pocket cost of the Quadrivalent flu shot has remained the same for several years at \$35. For more information, **Florence County Health Department can be reached at 715-528-4837, located in the Courthouse at 501 Lake Avenue** or visit our website at <https://florencewipublichealth.com>. **Open Monday through Thursday from 8:00 a.m. - 4:30 p.m.** Need health insurance? Visit access.wi.gov to see if you qualify for benefits.