



Florence County Health Department

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NEWS RELEASE

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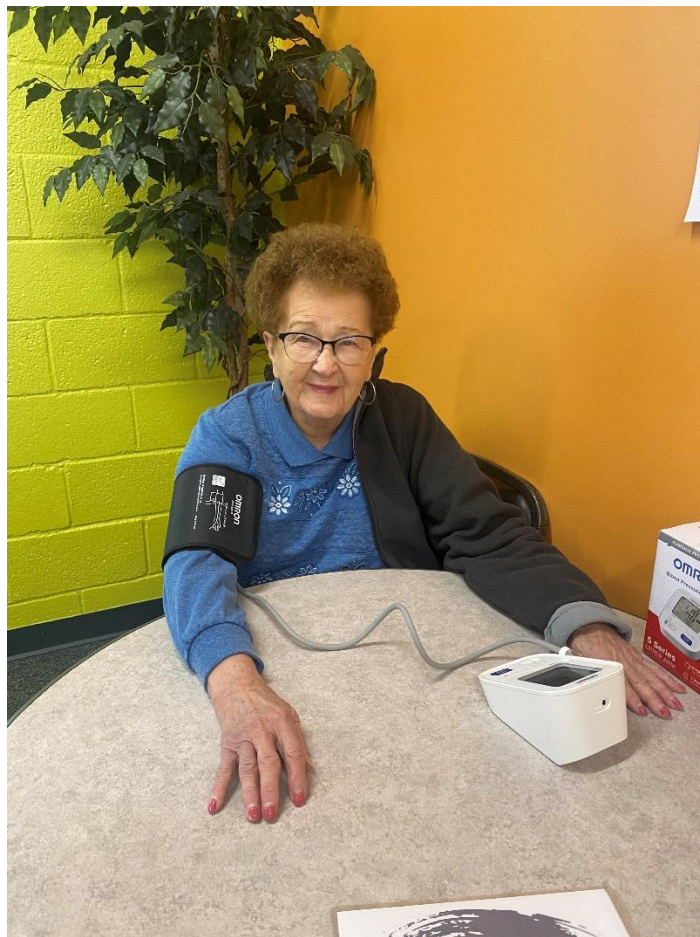
Blood Pressure Cuff Available for Public Use at Florence Library, Aurora NWTC, Fence & Tipler Town Hall

[Florence, WI] – According to the American Heart Association (2017), high blood pressure is a silent killer as nearly half of American adults have high blood pressure, but all too often they don't know it because there are no obvious symptoms. High blood pressure can be caused by an unhealthy diet, physical inactivity, obesity, drug or alcohol use, and genetic factors like age or sex. Fortunately, high blood pressure can be properly managed and the first step to management is getting your blood pressure checked.

In the 2022 Access to Health Care in Florence County Report, it's highlighted that there's a healthcare shortage in the area with a ratio of 1 primary care physician to every 2,150 Florence County residents. This has made it pertinent for the Florence County Health Department to make available, for public use, a blood pressure cuff that allows Florence County residents access to check and manage their blood pressure. The self-check blood pressure monitor along with an American Heart Association approved blood pressure range guide can be found at the following locations: Florence County Library located by the Florence Middle/High School - 400 Olive Avenue, Aurora NWTC Meal Site room - 2030 Calvary Dr, Niagara, WI 54151, Fence Town Hall - 588 Memory Ln, Fence, WI 54120, and Tipler Town Hall - 11102 Dream Lake Rd, Tipler, WI 54542.

Florence County Health Department can be reached at 715-528-4837. Visit our website at <http://www.florencecountywi.com/> for more information on programming. The health department is located on the second floor, 501 Lake Avenue in the Florence County Courthouse, open Monday through Thursday from 8:15 a.m. - 4 p.m. open during lunch time and by appointment after hours.

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Pictured is Aravelle Rudd of Aurora, WI utilizing the blood pressure cuff at Aurora NWTC meal site location.