

Florence County Health Department



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NEWS RELEASE 05/01/2023 Ally Kalkofen Florence County Health Department 715-528-3427 FAX 715-528-5269 akalkofen@florenececountywi.gov

Celebrate Children's Mental Health Week with the Wisconsin Office of Children's Mental Health – May 7-13, 2023

Moving from children's mental health awareness and acceptance to action

[Florence, WI] – [May 1, 2023] - The Wisconsin Office of Children's Mental Health and Florence County Health Department invite organizations to join them in celebrating Children's Mental Health Week May 7-13, 2023. This year's theme centers around building awareness, promoting acceptance, and inspiring action for the improvement of children's mental health in Wisconsin.

"Every week, but especially during this week, we want to highlight the current state of children's mental health and the steps that can be taken to move from awareness and acceptance to action," said Linda Hall, Director – Office of Children's Mental Health. "Way too many of our Wisconsin kids are struggling with their mental health, and we need to come together and do something about that."

The Wisconsin Office of Children's Mental Health annual report found that Wisconsin youth are struggling with their mental health:

- One in two feel anxious.
- One in three feel sad or hopeless every day.
- One in five self-harm.
- One in five have a diagnosed mental health condition, but less than half of those diagnosed access treatment.
- One in four girls seriously consider suicide.

In accordance with Governor Evers' declaration of 2023 as the Year of Mental Health in Wisconsin, it is especially important to act on this critical issue impacting all communities and families.

The Office of Children's Mental Health is encouraging organizations throughout the state to plan activities during Children's Mental Health Week, May 7-13, 2023, and will help them do that. A "Get Ready for Children's Mental Health Week" webinar has been recorded to assist organizations in preparing. The recording

is available on the Office's Children's Mental Health Week at <u>OCMH Children's Mental Health Week 2023</u> (wi.gov).

For more information about Children's Mental Health Week, contact Ally at the Florence County Health Department at 715-528-3427, located in the Courthouse at 501 Lake Avenue. The department is open 8:00-4:30p Monday through Thursday.