



# Florence County Health Department

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## NEWS RELEASE

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## Community Flu Clinics Offered in Florence County

[Florence, WI] – Health officials want to remind everyone that getting an annual flu shot remains one of the best ways to protect yourself and your family –from infants to grandparents - against getting the flu and potential complications. According to the Centers for Disease Control and Prevention, most everyone aged six months and older should be vaccinated annually.

Influenza can range from mild to severe, and in some cases can cause life-threatening complications. Symptoms can come on quickly and include fever, headache, dry cough, sore throat, nasal congestion, body aches and tiredness. If someone does get the flu after getting vaccinated, it is much more likely to be a milder case.

The Florence County Health Department is holding flu clinics throughout the community to make it easy to get your flu shot. The Department will be bringing the mobile clinic to each community clinic. The Department's mobile clinic is wheelchair assessable. The Department offers Quadrivalent meaning it covers four strains of influenza. Appointments are preferred to assure vaccine availability. **Please call Alisha at 715-528-3426 to set up an appointment.**

**Wednesday, September 27, 10:30-11:30 am Fence, Across from Town Hall**

**Wednesday, October 4, 11:00 am-12:30 pm NWTC/Woodland in Aurora, Parking Lot**

**Wednesday, October 11, 1:00-3:00 pm Florence County Health Department**

**Wednesday, October 18, 1:30-3:00pm Long Lake Town Hall**

Health officials also suggest washing your hands often with soap and water or using an alcohol-based hand sanitizer. Remember to cover your cough or sneeze into your upper sleeve and try to avoid touching your face with your hands. Eat nutritious meals, get plenty of rest and do not smoke or vape. Finally, if you think you have the flu, call your physician. Stay home, rest, drink plenty of liquids, and avoid using alcohol and tobacco.

The department can bill Security Health Insurance, Medicare, and Medicaid. The out-of-pocket cost of the Quadrivalent flu shot is \$40. For more information, Florence County Health Department can be reached at 715-528-4837, located in the Courthouse at 501 Lake Avenue or visit our website at <https://florencewipublichealth.com>. Open Monday through Thursday from 8:00 a.m. - 4:30 p.m. Need health insurance? Visit [access.wi.gov](http://access.wi.gov) to see if you qualify for benefits.