



Public Health
Prevent. Promote. Protect.
Florence County
Health Department

Florence County Health Department

501 Lake Ave PO Box 410 Florence, Wisconsin 54121 715-528-4837
A.Seibold, RN, MS Health Officer/Director



FOR IMMEDIATE RELEASE

October 24, 2023

Rachael Barnhart
Florence County Health Department
920-545-0042
rbarnhart@florencecountywi.gov

YOGA WITH LYNN MUELLER AT NWTC & FLORENCE RESOURCE CENTER- CORRECTION

On Tuesday October 24th, slow flow yoga and chair yoga begin at NWTC and on Wednesday October 25th, chair yoga begins at the Florence Resource Center. Classes are open to all adults. Classes will continue at NWTC in Aurora on Tuesdays and Thursdays from 8:30am-9:30am (Able Bodied) and 10am-11am (Chair) as well as at the Florence Resource Center and will be held on Wednesdays at 9:30am- 10:30am (Chair). There will be no yoga classes the week of Thanksgiving. The cost is \$5 per session to be paid at each class. To register please call or text Lynn at 920-889-8665.

The Florence County Health Department is located on the first floor of the courthouse open from 8am-4:30pm Mon-Thurs.

###

Connecting You to a **Better Life!**