

## Florence County Health Department

COUNTED HEALTH DEPART

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## Ice Skates available at Florence Library

**[Florence, WI]-** The Florence County Community Health Improvement Plan priorities include increasing opportunities for physical activities for our youth and adults. We know physical activity can enhance one's mental health as well as physical health. Therefore, Florence County Library and health department have partnered to provide ice skates of varying sizes for free use. The ice skates can be signed out free during regular library hours for community members.

Promoting healthy habits is important at any age. The agencies appreciate the ongoing support of the Forestry and Parks and Maintenance departments in setting up the annual ice rink on the Florence County Courthouse grounds when weather permits. Remember to check the depth of ice before walking on frozen lakes. Many area rivers do not completely freeze over and some lakes have areas that do not freeze.

For more information, contact the Health Department at 715-528-3426, located in the Courthouse at 501 Lake Avenue or visit our Facebook or website at <u>http://www.florencecountywi.com/</u>. The health department is located on the second floor, 501 Lake Avenue in the Florence County Courthouse, open Monday through Thursday from 8:30a.m. - 4:00 p.m. Need health insurance? Visit access.wi.gov to see if you qualify for benefits.